

Dinner & Cocktails with Morgan!

Morgan's Quick & Easy Pasta with Lemon & Chicken

30 minutes

serves 4

INGREDIENTS:

- 1 pound dried penne
- 2 chicken cutlets, cut into fingers
- Salt and freshly ground black pepper
- 3 cloves garlic, sliced
- 1/4 teaspoon red pepper flakes
- 3 tablespoons olive oil
- 3 tablespoons roughly chopped fresh parsley, for garnish
- 2 lemons, juiced
- 1/2 cup grated Parmesan

PREPARATION:

- Cook the pasta in a large pot of boiling salted water, until al dente. Drain well.
- Season chicken with salt and pepper.
- Heat a large grill pan over medium high and add chicken. Grill until golden and completely cooked. Remove to a plate and slice.
- Add the garlic and red pepper flakes to a fry pan with 3 tablespoons of olive oil and saute until fragrant. Add the cooked pasta and turn heat off. Mix all together.
- Remove pasta to a large bowl. Add chicken to the warm pasta and season with salt and pepper. Add the juice of 2 lemons and mix. Top with Parmesan Cheese and parsley.

Morgan's Cucumber Lemon Martini

5 minutes

serves 1

INGREDIENTS:

- 2 large cucumbers, peeled, seeded and rough chop (reserve peels for garnish)
- Ice
- 1 cup vodka
- 1 lemon, juiced
- 3 sprigs of fresh mint

PREPARATION:

- In a blender, puree the cucumbers until a smooth.
- Over a bowl strain the liquid using a fine mesh strainer, or cheese cloth. Discard the pulp.
- In a pitcher filled with ice add the cucumber juice, vodka, lemon juice, and mint. Stir with a spoon and serve in a martini glass.
- Garnish with peels.



GOVERNMENT WARNING: (1) ACCORDING TO THE SURGEON GENERAL, WOMEN SHOULD NOT DRINK ALCOHOLIC BEVERAGES DURING PREGNANCY BECAUSE OF THE RISK OF BIRTH DEFECTS. (2) CONSUMPTION OF ALCOHOLIC BEVERAGES IMPAIRS YOUR ABILITY TO DRIVE A CAR OR OPERATE MACHINERY, AND MAY CAUSE HEALTH PROBLEMS.

